

# WESTMINSTER INGLESIDE FOUNDATION

2011 ANNUAL REPORT



# FAMILY

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# Message from the Board Chair



July 2012

Dear Friends of the Westminster Ingleside Foundation,

The mission of the Foundation is to serve the Ingleside at Rock Creek, Westminster at Lake Ridge, and Ingleside at King Farm continuing care retirement communities by raising charitable funds to help Residents in need, to enhance the quality of life for all Residents, and to build an endowment for the future.

The Foundation's major source of revenue is through contributions and investment earnings. Our 2011 audit reflects contributions and investment earnings of over \$740,000 for the year and total assets of over \$4M. In 2011, the Foundation provided over \$400,000 in funding support to the three Communities, the majority allocated for Residents in need.

The future need will be great. With your help, our Communities will grow and thrive, and our Residents will continue to live with the knowledge that they have a home for life.

Sincerely,

A handwritten signature in black ink, appearing to read "Dale H. Clark". The signature is fluid and cursive, written over a light blue circular watermark or seal.

Col. Dale H. Clark, USMC (Ret.),  
Chair of the Board  
Westminster Ingleside Foundation

# 2011 Tributes

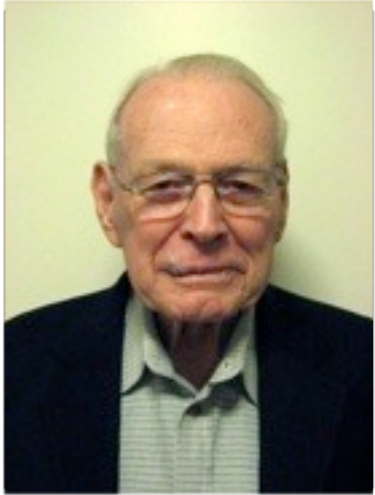
## Larry Garufi

Larry Garufi was born in Sicily but moved to the Bronx in New York City when he was two. He entered the Foreign Service serving for 36 years, primarily in developing nations. Larry also had tours of duty in Germany; at the U.S. Mission to the United Nations in New York City; and the African Bureau of the State Department.

In April 2009, Larry and his wife, Renate, moved into the newly built Ingleside at King Farm. Larry soon got the political bug, won an at-large position in the first elected Resident Council and was elected President by his colleagues. During his two-year tenure as President, he formulated the role and direction of the Council and defined the relationship between the Council and the various Committees. Larry is currently a member of the Board of Directors of the Westminster Ingleside Foundation and the Foundation's Vice Chair. Outside of his Council work, Larry initiated and moderates a bi-monthly current events session for Independent Living residents and helps hold a monthly current events program for Assisted Living residents.



## John F. Sherman



A World War II veteran with a PhD from Yale; later a Rear Admiral in the U.S. Public Health Service; afterwards serving as Deputy Director of the National Institution of Health; and then rounding out his career as Executive Vice President for the Association of Medical Colleges, John Sherman is a man of many accomplishments. Not least of which has been his service to Ingleside at Rock Creek and the Westminster Ingleside Foundation.

John has served as Chair of Ingleside's Development Committee and Vice Chair of the Westminster Ingleside Foundation. He continues to give generously to the Resident

Supporting Fund and other charitable needs of the Ingleside community. His ultimate commitment lies in his membership in the Living Legacy Society with an estate bequest. This well respected man's work in our communities has helped ensure that others may live out their lives in comfort and stability. John is an inspiration to all those he meets.

## Dorothy Crowder

A resident of Westminster at Lake Ridge for five years, Dorothy Crowder has been diligent in sharing her gifts with others. Musically talented, Dorothy performs with the Kitchen Band and helps lead the Rhythm Band and the Happy Hour Sing-Along for residents in Assisted Living and the Health Care Center.

Along with her long list of activities at Westminster, Dorothy also volunteers at the Spiritual Care Support Ministry in Bristow, providing support and comfort to any who are experiencing loss, whether it is death, illness or a broken relationship. Her service, along with other volunteers, was recently honored by First Lady, Michelle Obama.

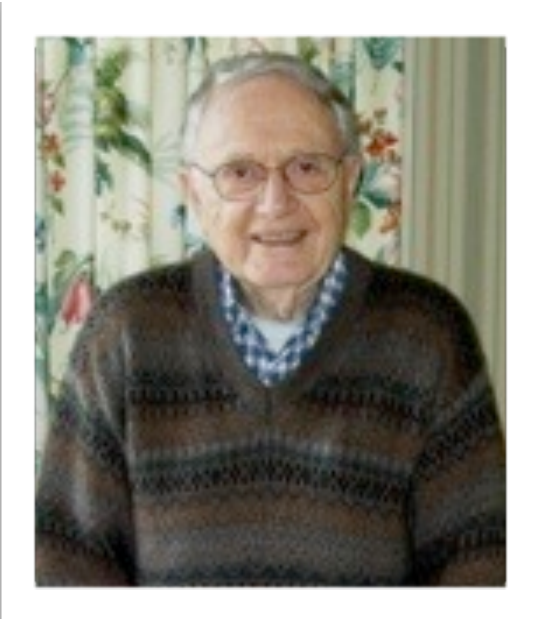




# Peggy Adams

Peggy Adams has volunteered her whole life. In Montgomery County, one of the organizations she supports is the Association for Retarded Citizens (ARC of Montgomery County) by advocating on behalf of those citizens in need of a voice.

At Ingleside at King Farm, she has served on the Resident Council and was instrumental in establishing King Farm's Employee Appreciation Fund. With the great success of that endeavor, Peggy was asked to help start up King Farm's Resident Supporting Fund. Serving as chair of King Farm's new development committee, Peggy reported that the committee had raised a total of \$20 in June 2011. By December 31, 2011, through the tremendous efforts of her committee and the great generosity of King Farm residents, \$75,000 had been raised.



# Jay Davenport

For 14 years, Jay Davenport has been a warm and welcome face to those at Ingleside at Rock Creek's Assisted Living and Health Care Center. Whether it is at his church or in his own neighborhood, Jay is truly committed to helping others. Humble by nature, Jay receives his reward every Sunday when he helps Ingleside's less mobile get to the Chapel for worship, and sees their faces light up as he stops by.

# A Gift in Honor of Dr. Jack Kleh

The Walter A. Bloedorn Foundation, a longtime benefactor to Ingleside at Rock Creek, approached our Foundation about making a gift to Ingleside commemorating the life of its longtime board member, Dr. Jack Kleh. Bloedorn asked that the proposal address a physical need of Rock Creek's facilities following Dr. Kleh's commitment to quality of care.



Dr. Jack Kleh in 2005

Ann Schiff proposed the renovation of the Health Care Center's two bathing rooms. Functional but out dated and institutional in look, Ann envisioned the bathing rooms as spas for Rock Creek's most frail residents. "Often, memory impairment in the elderly can make assisted bathing extremely frightening. Put yourself in their shoes: being brought into a tiled and stainless steel room by a stranger can be most unsettling! A spa-like setting helps calm the resident, offering a more home-like atmosphere with softer lighting, beautiful colors, radiant heat, music, etc."

The Bloedorn Foundation Board liked the idea and offered \$30,000 to make it happen. Knowing that more funding would be needed, Bloedorn asked the Foundation to approach Dr. Kleh's son and daughter-in-law, Bill and Patricia Kleh, to provide the additional funding. Bill and Patricia are also long time benefactors of Ingleside at Rock Creek and our Foundation and after reviewing the proposal, agreed to assist with \$35,000. The Westminster Ingleside Foundation, whose first chairman was Dr. Kleh, also contributed \$15,000 from Rock Creek's designated fund within the Foundation.

Jack Kleh was a fixture at Rock Creek. An internist who specialized in cardiology and gerontology, he became a leader in local and national medical organizations, including the D.C. Society of Internal Medicine; the Medical Society of the District of Columbia; the White House Conference on Aging; the Washington Heart Association; and the American Geriatrics Society. Working in private practice most of his career, he was named medical director of Ingleside at Rock Creek in 1993 and served on the boards of the Westminster and Ingleside retirement communities, as well as the Foundation.

The plaque commemorating each spa reads: Refurbished in memory of Dr. Jack Kleh - Who helped lead the way in care for our most frail residents.

# A Tribute to Bryce “Mac” Gerlach

Bryce “Mac” Gerlach met his untimely death on December 10, 2011. Devoted husband, father and grandfather, Mac left all he loved and those who loved him with a great sense of loss and grief. We wanted to remember Mac in these pages in particular because of the love, kindness, dedication and enthusiasm he exuded towards his personal family, as well as his extended Westminster Family.

Born in Baltimore on October 23, 1928. Mac’s family quickly moved to Germany where Mac attended school with other American children. This move set the stage for his ultimate career in the U.S. Foreign Service. More importantly, destiny had its ultimate gift to bestow on Mac: Ruth White. Ruth’s family was also stationed in Germany. They met at a dance and, as they say, “it was love at first sight.” They married in Germany and Mac pursued his career in the Foreign Service. And did they make the rounds: Brazil, Liberia, Egypt, Yemen, Afghanistan, The Netherlands and Iran.



Mac and Ruth at Westminster at Lake Ridge in 2010.

His service to country, with family in tow, gave Mac a unique take on life. Giving of one’s time and talent and encouraging others to do the same followed him to where readers of this memorial knew Mac best - Westminster at Lake Ridge. Mac often spoke of the “Westminster Family” - a strong sense among many Westminster Residents that their life together transcends the notion of neighbor. As the longtime chair of the Westminster at Lake Ridge Development Committee, he encouraged participation of the entire community in raising funds for the Westminster Resident Supporting Fund and volunteering where he saw need. Mac is sorely missed by Ruth and their family. He has also left a great legacy of enthusiasm and love with his Westminster Family.

Thank you Mac.



# The Ingleside Women's Board

Since its inception in 1906, The Ingleside Women's Board has been a cornerstone of Ingleside at Rock Creek. Made up of committees formed in local Presbyterian churches, the Board is responsible for numerous good works in the service of the seniors, providing a generosity that Ingleside is proud to rely on. Focused on the needs of residents in Assisted Living and the Health Care Center, 2011 activities and services have included over 4,200 hours in volunteer service; directing and funding a \$22,000 renovation of the Suites Lobby and Reception area; and the raising of over \$15,000 to benefit the Ingleside Resident Supporting Fund through the 2011 Annual Silver Tea.



## Encore of Westminster at Lake Ridge

Run by a group of more than 20 volunteers, Encore has been assisting Westminster at Lake Ridge residents since they opened in 2002. Encore provides a means to help residents with possessions no longer needed. They sell the items inexpensively to residents, employees and neighbors and then donate the proceeds. In 2011, Encore donated more than \$23,000 worth of equipment and furnishings to Westminster.

# 2011 Statement of Financial Position

<b>Assets</b>	<b>2011</b>	<b>2010</b>
Cash	290,035	270,662
Promises to Give	497,130	1,932,066
Investments	3,257,122	1,558,302
Cemetery Plots	20,640	20,640
Due from Westminster at Lake Ridge	45,679	82,688
<b>Total Assets</b>	<b>\$4,110,606</b>	<b>\$3,864,358</b>
<b>Liabilities</b>		
Accounts Payable	14,672	-
Gift Annuities Payable	293,686	335,261
Due to Ingleside at Rock Creek	81,290	125,185
<b>Total Liabilities</b>	<b>\$389,648</b>	<b>\$460,446</b>
<b>Net Assets</b>		
Unrestricted	412,908	352,525
Temporarily Restricted	2,958,546	2,701,883
Permanently Restricted	349,504	349,504
<b>Total Net Assets</b>	<b>\$3,720,958</b>	<b>\$3,403,912</b>
<b>Total Liabilities and Net Assets</b>	<b>\$4,110,606</b>	<b>\$3,864,358</b>

# 2011 Statement of Operations

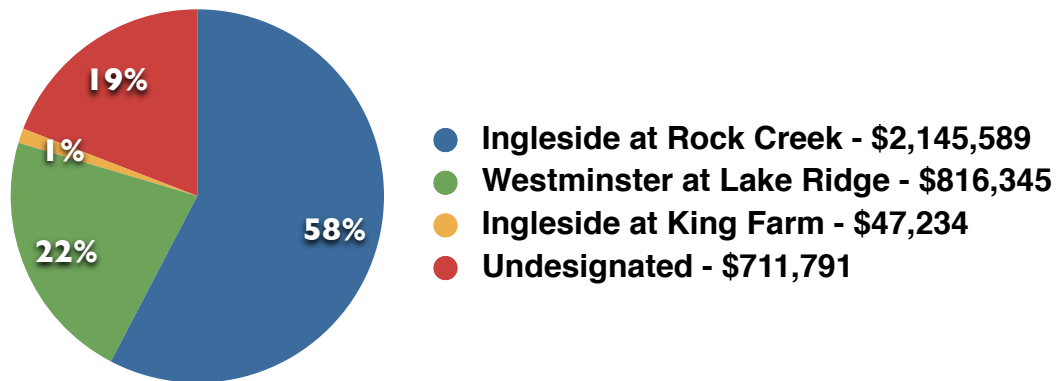
<b>Income</b>	<b>2011</b>	<b>2010</b>
Contributions	744,950	2,446,018
Contribution Adjustments	(68,820)	(35,516)
Gift-In-Kind	165,359	125,401
Investment Income and Realized Gains	71,259	70,830
<b>Total Support and Other Income</b>	<b>\$912,748</b>	<b>\$2,606,733</b>
<b>Expenditures</b>		
Resident Support and Program Expenses	408,989	1,256,516
General and Administrative	20,970	890
Fund Raising Expense	165,359	125,401
<b>Total Foundation Expenditures</b>	<b>\$595,318</b>	<b>\$1,382,807</b>
Excess Income Over Expenses	317,430	1,223,926
Net Unrealized Gain (Loss) on Investment	(384)	42,107
<b>Increase in Net Assets</b>	<b>\$317,046</b>	<b>\$1,266,033</b>

A copy of our 2011 audit is available by contacting Robert Lancelotta at [rlancelotta@westminsteringleside.org](mailto:rlancelotta@westminsteringleside.org).

# 2011 Contributions

2011 WIF Contributions	Totals	IRC	WLR	IKF	Fdn.
Resident Supporting Fund	443,956	336,149	59,763	47,234	810
Other Restricted	171,590	56,890	114,700		
Unrestricted	129,405	109,480	10,000		9,925
<b>Total</b>	<b>\$744,951</b>	<b>\$502,519</b>	<b>\$184,463</b>	<b>\$47,234</b>	<b>\$10,735</b>

## 2011 Westminster Ingleside Foundation Assets - \$3,720,959



### Total Resident Supporting Funds of Westminster at Lake Ridge in 2011

Held by Westminster Ingleside Foundation (WIF) and Westminster at Lake Ridge (WLR)

Temporarily Restricted RSF held by WIF	\$613,920
Temporarily Restricted RSF held by WLR	\$419,452
Board Designated RSF held by WLR	\$700,000
<b>Total RSF for WLR held by WIF and WLR</b>	<b>\$1,733,372</b>

### Total Resident Supporting Funds of Ingleside at King Farm in 2011

Held by Westminster Ingleside Foundation (WIF) and Ingleside at King Farm (IKF)

Temporarily Restricted RSF held by WIF	\$47,234
Gain on Permanently Restricted RSF held by IKF	\$1,071
Permanently Restricted RSF held by IKF	\$1,000,000
<b>Total RSF for IKF held by WIF and IKF</b>	<b>\$1,048,305</b>

# Our Donors

## \$50,000 to \$99,999

The Sally A. Jumper Trust  
The Estate of Agnes K. Kriner  
Mr. and Mrs. Lester Leopold

## \$25,000 to \$49,999

The Walter A. Bloedorn Foundation  
The Estate of Betty Gilbert  
Mr. and Mrs. Timothy S. Ingrassia  
The Estate of Virginia Kemp  
Mrs. Louise Pinckernell

## \$10,000 to \$24,999

The Estate of Peg Aalfs  
Mr. and Mrs. John C. Haltiwanger  
Mr. John F. Sherman  
Ms. Sinclair Winton

## \$5,000 to \$9,999

Mrs. Ann Marshall Davis  
Mr. and Mrs. Roy T. Englert  
The Ingleside Women's Board  
The Rev. Eunice McGarrahan  
The National Presbyterian Church  
The Women's Association of the  
National Presbyterian Church  
The Western Presbyterian Church

## \$1,000 to \$4,999

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Mrs. Marguerite Adams  
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The Potomac Presbyterian Church  
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The Vienna Presbyterian Church

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The Westminster Gift Shop  
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## \$500 to \$999

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***In Honor of***

***Mrs. Mary Lee McKenzie***

Mrs. Mary Lynne McKenzie

***In Honor of the Residents of***

***Westminster at Lake Ridge***

Mr. and Mrs. Paul Schratwieser

***In Honor of Mr. David Parkinson***

Mr. and Mrs. Gerry Strickler

***In Honor of***

***Mr. and Mrs. Robert Rohr***

Mr. and Mrs. Mark Rohr

***In Honor of Mr. John Sherman***

Ms. Betsy Sherman

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***In Honor of Mrs. Nancy Tietjen***

Mr. and Mrs. David Tietjen

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***In Honor of Mrs. Elise Welfling***

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***Mrs. Joan Winklareth***

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***In Honor of Mr. Van Wishard***

Mrs. Dottie Lowe

Mr. and Mrs. Gerry Strickler

***In Honor of the Board Members  
of the Westminster Ingleside  
King Farm Communities and  
Foundation***

Lynn and Kevin O'Connor

***In Honor of the Employees of  
the Westminster Ingleside King  
Farm Communities and  
Foundation***

Lynn and Kevin O'Connor

***In Honor of the Strategic Team  
of the Westminster Ingleside  
King Farm Communities and  
Foundation***

Lynn and Kevin O'Connor

# Board and Committees

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Mrs. Dibbie Green • Mr. Jack Hobbs • Ms. Dottie Lowe • Mr. Del Nelson  
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Mrs. Miriam Rothchild • Mrs. Nancy Tietjen • Mrs. Judy Walser

# The Living Legacy Society

The Living Legacy Society of the Westminster Ingleside Foundation  
is made up of individuals who have made  
a significant one time gift or a planned gift from the assets of their estate  
to benefit the mission of our communities.

Mrs. John L. Aalfs\* · Marguerite H. Adams · Mrs. Sylvia Allender\*

The Rev. Dr. Robert and Mrs. Angus · Mrs. Joan (William\*) Armstrong

Mr. Dario (Renee\*) Barozzi · Jack and Joan Beddow

Mr. and Mrs. Robert C. Brewster · Jerry and Carolyn Bruemmer

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Ms. Emily Jack\* · William and Patricia King

\*deceased

Mrs. Mary Ann (Jack\*) Kleh · Mr. and Mrs. William Kleh  
Ms. Margo Kranz · Dr. and Mrs. Lawrence Kreider  
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Werner and Elizabeth Schumann · Mrs. Marian S. (William\*) Sengel  
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Mr. and Mrs. Brainard H. Warner IV · Mr. and Mrs. Glenn West  
Mrs. Mabel Wheeler\* · Carol Witt · Mrs. Editha Williams  
Mrs. Irene Williams · Ms. Sinclair Winton · Mrs. Sarah (David\*) Yerkes

\*deceased



# Ways to Give to Benefit Our Communities

The Westminster Ingleside Foundation is a 501(c)(3) nonprofit that exists to raise charitable funds for our three continuing care retirement communities: Ingleside at Rock Creek, Westminster at Lake Ridge and Ingleside at King Farm. The primary focus of charitable gifts to the Foundation are to provide funds to assist residents, who through no fault of their own, have out lived their own resources. Funds are also raised to provide for improved community facilities, special equipment and programs to enhance the lives of our residents.

You can help build our Foundation's resources through a general gift to the Foundation or you may designate a gift to a particular community. Below are some of the ways you can benefit the Foundation through different kinds of gifts:

## Gifts of Cash, In Honor or In Memory

Cash is often the most convenient form of giving. Cash gifts are deductible for federal income tax purposes, assuming deductions are itemized. Cash gifts in honor or in memory of loved ones are great ways to honor someone special or to remember someone who has passed. All checks should be made payable to "Westminster Ingleside Foundation." Any special designation should be noted on the memo line of your check. Gifts can also be made by credit card by visiting online at [www.givetowif.org](http://www.givetowif.org).

## Bequests and Charitable Trusts

Many donors find they can give a more substantial gift through deferred giving rather than through an outright contribution. Charitable trusts can provide the donor income for life, with the principal going to the Foundation after the donor's death. Bequests may be expressed as a percentage of an estate, or as a fixed dollar amount.

## Gift of Entrance Fee Residuum (EFR)

Residents who need their assets during their lifetimes may consider leaving all or a percentage of the refundable portion of their entrance fee as a future gift to the Foundation. This gift allows the possibility to draw down on the entrance fee for Assisting Living requirements and is a revocable commitment.

## Charitable Gift Annuities (CGA's)

A donor can increase his or her monthly income and receive an immediate tax deduction by participating in a charitable gift annuity. In exchange for an irrevocable gift of cash, securities, or other assets, the issuer of the CGA agrees to pay one or two annuitants a fixed sum for each year of life. The income is determined by the size of the gift, the donor's age, and the age of any other beneficiary.

## Gifts of Appreciated Securities

Gifts of appreciated securities may be made as outright gifts. Stock certificates may be reassigned directly to the Westminster Ingleside Foundation or may be transferred through your broker. The mean market value on the date of transfer determines the value of the gift for tax purposes.

## Your Life Insurance Policy

Making the Westminster Ingleside Foundation a beneficiary of your life insurance policy is an ideal way to fulfill your charitable desires and requires no out-of-pocket expense to you. To change the beneficiary of your life insurance policy, secure a change of beneficiary form from your agent and include Westminster Ingleside Foundation as a beneficiary of the death benefit.

## Thank You for Considering a Gift

Please let us know when you have added the Westminster Ingleside Foundation in your estate plans as we would like to honor you during your lifetime. When you identify yourself, you encourage others to think of ways they can help grow the Foundation for the benefit of our residents. We urge all prospective donors to seek the assistance of personal legal and financial advisors in matters relating to their gifts and the resulting tax and estate planning consequences.

For more information on planned giving options, please contact Robert Lancelotta:



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[www.givetowif.org](http://www.givetowif.org)

Thank you in advance for your generosity to our communities!

# Foundation and Communities Leadership

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# Thank You!

The Westminster Ingleside Foundation joins together with the Boards and Leadership of Ingleside at Rock Creek, Westminster at Lake Ridge and Ingleside at King Farm in expressing our gratitude for your generosity.



Col. Dale H. Clark, USMC (Ret.), Chair  
Westminster Ingleside Foundation



Bob Fri, Chair  
Ingleside at Rock Creek  
Westminster at Lake Ridge  
Ingleside at King Farm



Lynn O'Connor, President & CEO  
Ingleside at Rock Creek  
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## WESTMINSTER INGLESIDE FOUNDATION

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## Make a Difference

The Westminster Ingleside Foundation depends on the support of people like you to continue providing needed assistance to the Ingleside at Rock Creek, Westminster at Lake Ridge and Ingleside at King Farm communities. We are making a difference in the lives of our residents; you can make a difference too.

## Consider a Planned Gift

A donation through bequests, charitable gift annuities or other types of planned giving is a tremendous way to support the work we do. Leaving a legacy for generations to come will truly ensure the future of our caring communities. For more information, please contact Robert Lancelotta, Director, Westminster Ingleside Foundation at 202-596-3081 or by email at [rlancelotta@westminsteringleside.org](mailto:rlancelotta@westminsteringleside.org).

## Make a Financial Contribution

Your financial support assists the Westminster Ingleside Foundation in providing the very best in programs and services to our residents. Please use the envelope provided with this report to make a gift today or visit us at our website - [www.givetowif.org](http://www.givetowif.org) to make a gift online.