



## **Christine Podles Earns Health Services Executive Qualification**

*Ingleside Senior Leader Recognized by National Association of Long-Term Care Administrator Boards*

**ROCKVILLE, Md.** – Christine Podles, vice president of operations at [Ingleside](#), a premier not-for-profit provider of comprehensive older adult opportunities in the Washington, D.C. metropolitan area, officially earned her Health Services Executive (HSE) qualification. Granted by the National Association of Long-Term Care Administrator Boards (NAB), Podles becomes one of only 165 in the country to achieve the HSE qualification.

Podles has over 25 years of experience as a licensed nursing home administrator. She previously led redesign efforts to support business growth, implement and manage change to drive organizational performance, and enhance revenue streams.

She holds a Master of Arts from the prestigious Erickson School for the Management of Aging Services and Bachelor of Science in communication and marketing from Bradley University in Peoria, Illinois.

“The HSE qualification will enhance Christine’s ability to seamlessly integrate all Ingleside services for the benefit of all our residents,” said COO & CFO Timothy Myers. “This will be particularly helpful as Ingleside at Home, our new private duty care organization, expands to serve more Ingleside residents.”

The HSE qualification recognizes a common core and unique entry level competencies by line of service. Successful demonstration of this combination of competencies as measured by education, experience, and examination meets or exceeds the current requirements of licensure to practice as a nursing home administrator (NHA), assisted living administrator (RCAL), and administrators practicing in the field of home and community-based services (HCBS) in most jurisdictions.

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### **About Ingleside**

Ingleside is a premier, charitable not-for-profit provider of comprehensive older adult opportunities in the Washington, D.C. metropolitan area. Based in Rockville, MD, Ingleside is the parent organization for three CARF-accredited, charitable not-for-profit, life plan communities (formerly continuing care retirement communities and its affiliates, including: the Westminster Ingleside Foundation, WING (Westminster Ingleside Group), which focuses on real estate development and management, and Ingleside at Home, a not-for-profit, charitable home-based care program. Ingleside’s family of communities include: Ingleside at Rock Creek (Washington, D.C.), Westminster at Lake Ridge (Lake Ridge, VA), and Ingleside at King Farm (Rockville, MD). For more information, visit [www.inglesideonline.org](http://www.inglesideonline.org). Ingleside’s mission is to provide strategic and operational leadership that enables our affiliates to excel in their missions.